

SALEM CENTRAL CAFETERIA

MARCH 2020 LUNCH

Menu subject to change without notice.

Milk Choices:
 White: 1% & skim
 Chocolate: Non fat
 Strawberry Non Fat
 Lactaid Milk available

Student Prices:
 Daily Weekly
 Full Pay:
 K-8 \$2.15 \$10.75
 9-12 \$2.40 \$12.00
 Milk \$.55 \$2.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 PIZZA / BUFFALO CRUNCHERS LEAFY GREEN SALAD FRUIT	3 TACO HARD/SOFT SEASONED BEEF RICE, SALSA, CHEESE SOUR CREAM LETTUCE, TOMATO	4 BBQ RIB ON A BUN VEGETARIAN BEANS ROASTED BRUSSEL SROUTS FRUIT	5 CHICKEN AND GRAVY SERVED OVER A BISCUIT GREEN BEANS FRUIT	6 ASSORTED PIZZA GREEN LEAFY SALAD FRUIT
9 CHICKEN NUGGETS SEASONED PASTA GREEN LEAFY SALAD FRUIT	10 BREAKFAST FOR LUNCH WAFFLE, HASH BROWN SAUSAGE FRUIT	11 HAMBURGER OR CHEESE-BURGER ON BUN SWEET POTATO FRIES FRUIT	12 TURKEY GRAVY SERVED OVER FLUFFY RICE ROASTED VEGETABLES FRUIT	13 ASSORTED PIZZA GREEN LEAFY SALAD FRUIT
16 POPCORN CHICKEN SEASONED PASTA CARROTS LEAFY GREEN SALAD FRUIT	17 IRISH NACHOS WAFFLE FRIES, SEASONED BEEF SALSA, CHEESE LEAFY GREEN SALAD FRUIT	18 GRILLED CHICKEN FLATBREAD SAND CUCUMBER SLICES GREEN LEAFY SALAD FRUIT	19 ASSORTED PIZZA GREEN LEAFY SALAD FRUIT	20 SUPERINTENDENT'S DAY NO SCHOOL
23 MOZZARELLA CHEESE STICKS MARINARA SAUCE CARROT STICKS	24 TACO SEASONED BEEF, RICE SALSA, CHEESE, LETTUCE TOMATO FRUIT	25 CHICKEN PATTY ON A BUN LETTUCE, TOMATO TATER TOTS FRUIT	26 MAC AND CHEESE BAR BACON, DICED HAM, BUFFALO CHICKEN STEWED TOMATOES DINNER ROLL FRUIT	27 ASSORTED PIZZA LEAFY GREEN SALAD FRUIT
30 CHEESE BOSCO STICK MARINARA SAUCE CELERY STICKS CARROT STICKS FRUIT	31 BURRITO CHICKEN OR BEEF RICE, LETTUCE, TOMATO, SALSA, SOUR CREAM, CHEESE			

Hot Entrée listed
 (available on line #2)
 OR
 Deli Sandwich
 (choice of fruit, vegetable & milk)
 Garden Salad Bar
 (choice of fruit, grain & milk)
 FRUIT AND MILK

Parents: Applications for Free or Reduced meal benefits are available on the school web page or from the food service office or the front office. Call 854-6040, Ext. 140 or e-mail : wcarry@salemcsd.org if you need help with the application or have any questions.

